

A Season of Giving

This year, in the spirit of Christmas giving, we are asking members to help support the Food Bank with gluten-free donations.

Therefore, please bring with you to the dinner a non-perishable gluten-free food item or a gift card from Nourish Bakery.

Nourish Bakery will donate a \$10 gift card to the Food Bank for every \$100 purchased to assist with this Chapter project.



NL Chapter Canadian Celiac Association Christmas Dinner

Saturday, December 1, 2012
6:00 p.m. for 6:30 p.m.

Get Stuffed Restaurant

190 Duckworth Street (Across from the War Memorial)

MENU

Appetizer - Choice of

Shaved fennel, orange segment and spinach salad, or
Grilled Calamari - tossed in a sun-dried tomato vinaigrette over baby arugula, or
Spicy Maple Bourbon Cream Mussels

Main Course - Choice of

Strip of Steak - Grilled 10 oz striploin, finished with a red wine and port demi-glaze, or
Blackened Salmon served with Cajun cream sauce, or
Grilled Pork Loin
(Mains will be served with Sour Cream Mashed Potatoes & Grilled Vegetables)

Dessert - Choice of

Coconut Macaroons served with raspberry sorbet & strawberry coulis, or
Flour-less Chocolate Torte

COST: \$64.00 per person (includes tax and gratuity)

Tickets must be purchased in advance by cash or a cheque payable to "NL Chapter CCA", or you may arrange to send an email transfer of the amount. Please indicate your menu choices when booking your ticket(s). To arrange your tickets, please contact:

Krista Gates-Guy
E-mail: foodallergiesetc@gmail.com

Phone: 689-7151 (cell)

Deadline for ticket purchase is Friday, November 23.